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Suggested text – Facebook/LinkedIn

On Saturday, March 8th, I will be taking part in Birchway Niagara’s “Brunch, Bid & Bowl” event in celebration of International Women’s Day and in support of local domestic violence services.

By raising funds and awareness, I will be helping the hundreds of members of our community who flee domestic abuse each year by providing them with compassionate, confidential support and safe shelter.

Please join me as an ally of survivors and make your donation today at: [\[link to your fundraising page\]](#)

If you would like to learn more about this year’s event, visit www.brunchbidandbowl.org.

#brunchbidandbowl @birchwayniagara

Suggested text – Instagram/LinkedIn

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By raising funds and awareness, I will be helping the hundreds of members of our community who flee domestic abuse each year by providing them with compassionate, confidential support and safe shelter.

Please join me as an ally of survivors and make your donation today. You can find my personal donation page by visiting brunchbidandbowl.org.

#brunchbidandbowl #alliedagainstabuse #niagarafalls @birchwayniagara

Suggested text - X

On March 8th, I will be participating in @birchwayniagara's annual #BrunchBidandBowl event in support of local domestic violence services. Please support my team at [link to your fundraising page] or learn more at www.brunchbidandbowl.org.

#brunchbidandbowl #alliedagainstabuse